

NAMI Recovery Education Presentation:

# In Our Own Voice: Living with Mental Illness



## Learn about Mental Illness from people who have been there...

*In Our Own Voice: Living with Mental Illness* is a recovery education presentation given by trained consumer presenters for other consumers, family members, friends, professionals, and lay audiences.

A brief, yet comprehensive interactive presentation about mental illness—including video, personal testimony, and discussion — enriches the audience's understanding of how people with these serious disorders cope with the reality of their illnesses while recovering and reclaiming productive lives.

To book an *In Our Own Voice* presentation for your organization, contact NAMI Southwestern Pennsylvania at: (412) 366-3788 or 1-888-264-7972 or email [info@namiswpa.org](mailto:info@namiswpa.org)